



Run. Walk. Achieve.

Run Walk Challenge

We're looking for 30 teams to take the Challenge

RunWalk Challenge *Champions* announced Tuesday, May 19!

Co-workers, friends, civic groups, family, youth groups, churches...you name it! If you can form a group, you can take the RunWalk Challenge! Plus, you get \$2 off per entry!

RunWalk Challenge Options (Pick and choose!)

- Participate in events (10K, 5K's or 1 Mile Run)
- Volunteer race day or prior to RunWalk
- Develop a Team Name & snap a Team Photo (creativity counts!)
- Generate Team Spirit (i.e. shirts, banner, hats, cheer, tailgate...)

Instructions

Step 1: Organize your group (6 or more participants)

Step 2: Develop a team name & snap a team photo

Step 3: Register for the RunWalk (must submit registrations as a team) by May 1.

Step 4: Participate! You may be named RunWalk Challenge Champions!

Step 5: Receive Recognition Award & Prizes

Teams will be competing in the following categories:

- Under 20 participants
- 20 – 49 participants
- 50+ participants

REGISTER EARLY to get the BEST RATE!		
	Regular	Discount
Thru 3/31	\$20	\$18
4/1 – 4/30	\$25	\$23
5/1 – 5/14	\$30	\$28
Onsite	N/A	N/A

Questions: contact Jennifer Adamcik 989.832.7937

Ext. 2221 or via email at JAdamcik@GreaterMidland.org





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RunWalk Challenge Team Registration

Team Name: _____

Contact Person: _____

Contact Email & Phone: _____

Team Members: (or submit on a separate sheet)

Enclosed Team Photo: _____

Submit Team Registrations together: _____

****(remember you receive a \$2 discount per registration)**

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Send or drop off your registration forms together with this document by May 1 to:

Greater Midland Community Center
Attn: RunWalk Challenge
2205 Jefferson Avenue
Midland, MI 48640

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Ext. 2221 or via email at JAdamcik@GreaterMidland.org

